### THE VAN GOGH BLUES CREATIVE PERSONS PATH THROUGH **DEPRESSION ERIC MAISEL**

Jan 25, 2021



### The Van Gogh Blues Creative Persons Path Through Depression Eric Maisel

""The Van Gogh Blues" is a courageous and insightful gift to all writers, artists, and others whose efforts and hopes have been hobbled by depression. Eric Maisel shows us how to stay out of depression's clutches so that we can consistently move forward with dignity, resolve, and unassailable passion."--Sharon Lebell, author of "The Art of Living" "Maisel's concepts in "The Van Gogh Blues" are right on the mark and address an area that is critically important and largely neglected. In ... The Van Gogh Blues: The Creative Person's Path Through ...

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#### who have struggled with depression, Dr Maisel shows what lessons can be learned from them and how depression can be harnesed and put to creative use. His four-step, non-pharmaceutical treatment plan offers insights for

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work." — Library Journal

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# Eric Maisel (Author of The Van Gogh Blues)

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Dr. Maisel explains: "As I practice it and envision it, creativity coaching is one person offering soup-to-nuts help to another person who is trying to live a successful creative life. The creative client may have career concerns,

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Eric Maisel, Ph.D., is the author of forty books, among them Rethinking Depression, The Van Gogh Blues,

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